

MONDAY TO FRIDAY 7 :30AM–3PM

## **LUNCH**

*start at 11am*

### **PLATE OF MOMENT**

Served with greens or soup  
M.P.

### **TARTAR OF THE MOMENT**

\$24.00

### **NICOISE SALAD WITH GRILLED SALMON**

\$24.00

### **QUINOA POKE BOWL TERIYAKI CHIKEN**

\$21.50

### **DUCK CONFIT**

Served with potatoes and greens  
\$24.00

### **SOUP OF THE MOMENT**

\$8.25

### **DESSERT OF THE DAY**

\$8.00

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## **GRILLED CHEESE AND SANDWICHES**

Served with soup or greens

**CROISSANT HAM, CHEESE AND  
SCRABLED EGGS** **\$18.00**

**CARAMELIZED NUTS** **\$18.00**

Lactose-free cheddar and caramelized walnuts  
and pecans on brioche bread

**DUCK CONFIT** **\$19.00**

Lactose-free cheddar, mayonnaise with  
caramelized onions and pinl berries on brioche bread

**MAPLE PULLED PORK** **\$19.00**

St-Paulin cheese, onion compote cranberries, mayonnaise  
and maple butter on brioche bread

**AVOCADO TOAST** **\$19.00**

Avocado puree and avocado on country style bread  
+poached eggs +3.50\$ +smoked salmon +6.00\$

## **DÉJEUNERS**

**SMOKED SALMON BAGEL** **\$18.75**

Served with cream cheese, red onions and capers

**COUPE SANTÉ** **\$17.75**

Greek Yogourt, homemade granola, blueberries and fruit  
salad

**SCRAMBLED EGGS WITH ASPARGUS AND CHEDDAR  
(lactose free) OR GOAT CHEESE** **\$18.00**

Served with potatoes and country style bread

## **BRUNCHS**

**SANTÉ** **\$24.50**

Homemade granola, yogourt and blueberries, poached eggs  
on greens and country style bread, goat cheese pesto,  
lactose-free cheddar, fruit salad

**CANTON** **\$25.00**

Scrambled eggs, ham, sausage, bacon, roasted potatoes,  
baked beans and country style bread

**PANCAKES NEW YORKAIS** **\$23.00**

Layer of pancakes topped with creamy cream cheese with  
red fruits, blueberrie coulis, sprinkled graham crumble and  
whipped cream

**TOSCAN** **\$24.75**

Benedictine eggs served on english muffin, Mornay sauce,  
ham\* and spinach coated, roasted potatoes  
\*can be replaced by smoked salmon +350

**LAC BROME** **\$24.75**

Benedictine eggs served on english muffin, orange  
hollandaise sauce, duck confit and onions compote with red  
wine, spinach, roasted potatoes and greens

**NORDIQUE** **\$25.00**

Pached eggs, smoked salmon, bream cheese with pesto on  
sesame bagel, capers, red onion, spicy mayonnaise and  
smoked paprika, roasted potaoes, greens

# LE CARTET

## MATINAL

MONDAY TO FRIDAY 7:30–9:30

### **BREAKFAST SANDWICH**

**\$10.00**

Egg, bacon, lactose-free cheddar, spicy mayonnaise  
on English muffin or Fairmont bagel or country bread  
served with potatoes  
Add fruit salad +4.75\$

### **OATMEAL**

**\$8.75**

Organic oatmeal blueberry, cinnamon, and flax  
with fresh blueberries

### **COUNTRY BREAD**

or **BAGUETTE** or **FAIRMONT BAGEL**

HONEY OR JAM. **\$5.50**

CHEDDAR CHEESE *OR*  
CREAM CHEESE *OR*  
PEANUT BUTTER. **\$6.25**

### **BOL YOGOURT, GRANOLA ET FRUITS**

**\$10.00**

# SIDES

(SERVED ONLY WITH A COMPLETE MEAL)

GLUTEN FREE BREAD	4,25\$
COUNTRY BREAD	3,00\$
BAGEL	3,25\$
CROISSANT	3,50\$
3 PANCAKES	6,00\$
1 EGG	2,25\$
2 EGGS	3,75\$
FRUIT SALAD	3,75\$
GREENS	5,25\$
FRESH FRUITS	4,50\$
ASPARGUS	5,00\$
AVOCADO	5,00\$
POTATOES	3,00\$
TOMATO	2,25\$
CHEESE	3,25\$
PEANUT BUTTER	2,75\$
JAM	1,00\$
MAPLE SYRUP	2,75\$
BLEUBERRIES COULIS	2,75\$
MIEL	1,50\$
SMOKED SALMON 40GR	6,00\$
BACON	3,75\$
HAM 75GR	4,00\$
2 SAUSAGES	3,75\$
BAKED BEANS	2,75\$
MORNAY SAUCE	1,75\$
HOLLANDAISE SAUCE	1,75\$
HOMEMADE GRANOLA	3,50\$
YOGOURT	3,50\$
YOGOURT/BLEUBERRIES	4,00\$
YOGOURT/GRANOLA/BLEUBERRIES	6,50\$